



# NEFCPM GAZETTE

## NFCPM GAZETTE

February 2009

### [Learn how DOT manages loads across bridges at the February meeting](#)

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Now that the holidays are over, we are back to our regular monthly meeting schedule – The second Tuesday of each month! The February CPM luncheon meeting will be held on Tuesday, February 10 at the Amtrak Community Room on Railroad Avenue, from 11:30 AM – 1:00 PM.

This month, we are looking forward to a very special presentation. Jeff Pouliotte will be sharing the story and documentation of the “Super Move Across FDOT Bridges”.

Using film and Power Point, Jeff will explain the case study of how the FL Department of Transportation (FDOT) facilitated movement of up to 1,300,000 pound loads across FDOT roadways and bridges from the Port of Palm Beach to Loxohatchee, FL. This extraordinary effort was accomplished to help FL Power & Light build a new electrical generation power plant in the Everglades to serve the people of South Florida. The case study serves as an example of how CPM principles can be used to help a state agency “think outside the box” to coordinate and facilitate what could have been deemed an impossible task with private industry, to benefit the people of Florida.

A delicious buffet-style luncheon will be catered by Michele Davis and the cost is \$7.00. Vegetarian and Vegan selections will be available. Everyone is welcome, so bring a friend! Let’s support our Chapter, and learn about this amazing achievement! See you there.

Reservations are required and should be made to Pamela Krohn at [Pamela.Krohn@dca.state.fl.us](mailto:Pamela.Krohn@dca.state.fl.us) 850-922-1777 (work) or 850-345-7074 (cell). CUT OFF DATE FOR RESERVATIONS IS FRIDAY, FEBRUARY 6.

### [Overview of January luncheon](#)

Dr. Patrick Smith spoke to the chapter about forms of stress and ways to minimize stress. Stress is physical, emotional or a chemical reaction to change. Stress increases as we get more out of our routine. We can experience stress from all experiences both at home and work. We are more likely to experience stress when we do not have a good exercise program or we have poor sleeping habits.

We can reduce stress by changing our diet, take the vitamins we are missing, exercise, and laughing.

The following are your board officers and committee chairs. Each can use your help. Why not contact them to see where you can help your chapter:

#### Officers

President: Sabrina Hartley  
Vice Pres: Chris Goodman  
Secretary: Pamela Krohn  
Treasurer: Kim Veldink

## Chapter Committee Chairs

Program Chair Committee	Chris Goodman
Chapter Effectiveness	Trinette Ballard
Community Service	Sherry Valdes
Fund Raising Chair	Colin Barton (new volunteer – thanks Colin!)
Awards Committee	Shelanda Shaw
Membership Committee	Cheryl Graham
Alumni Committee/Graduation	Ada Burnette
Legislation and Policy	Curtis Watkins
Nominations Committee	Jeff Pouliotte
CPM Mentoring	Deidra Jones

## 19<sup>th</sup> Annual FSCPM Symposium and Awards Luncheon

The 19<sup>th</sup> Annual FSCPM Symposium and Awards Luncheon was held on 22 and 23, 2009 at the Embassy Suites Hotel in Altamonte Springs, Florida. The theme for this year's conference was "Leadership in the 21<sup>st</sup> Century and Beyond." While several NFCPM members were originally slated to attend, unfortunately, and as you might expect, there were some last minute cancellations due to the state's budget woes and travel restrictions. Nevertheless, the chapter was well represented and received several awards. First, however, let's talk about the symposium itself.

There were quite a few creative sessions and many interactive exercises that brought to mind more than one CPM module. One session, entitled 'Burning the Box', presented by Bob Kodzis, used brainteasers and thinking challenges (sound familiar?) to help attendees identify their personal barriers to creativity and what keeps them stuck in their 'thinking box'; always an important personal inventory. Howard Rasmussen, who likely taught many of us a module or two before retiring from the CPM program, presented a two-part session on 'The Leadership Challenge'. Howard used some tried and true techniques to bring to mind successful workplace experiences and facilitated learning from one another by having participants share their stories. It made for much interaction and, again, personal reflection. Mr. Jack Gant presented a session on 'Leadership Through Appreciative Inquiry' and showed a very inspiring video that, again, challenged one's perspective with the premise 'when we believe it, we will see it.' The particularly resounding message that I took away from this session, and one that we should all ask ourselves regularly, was 'Am I trying to be the best in the world or the best for the world?' That's certainly a powerful statement that we could probably ponder for at least an entire NFCPM chapter meeting. Finally, Teri Ridler, the HR director at Sea World, presented on 'They're Not Difficult, Just Different: Celebrating our Differences'. This presentation walked attendees through a host of generational differences including work ethic, motivation, and job structure preferences. It was interesting, enlightening, and, based on the reaction of those in attendance, right on the mark.

The chapter received, along with several other chapters around the state, the 2008 Chapter Effectiveness Award. Outstanding Contribution awards were given to Sherry Valdez, Bob Badger, Curtis Watkins, Kimberly Stephens, Jeff Pouliotte, Pam Khron, Cheryl Graham, and Sabrina Hartley. These awards were particularly nice since they identified the recipient's specific chapter contributions in the words of the nominating members. For those members not in attendance, the awards were presented at the February local chapter meeting. Sherry Valdez was singled out for the prestigious 2008 President's Award, as presented by the state president, for her sustained high-level of contributions to the society. Congratulations Sherry. Well deserved. Finally, the North Florida chapter took the opportunity to present Dottie Gough with the 'Star Treatment Package' in front of all those attending the symposium awards luncheon. Since Dottie has served long and hard and has received pretty much every accolade and plaque that CPM offers, we were challenged to come up with something new. Based on her reaction, we did a fantastic job. We presented Dottie with a star registered in her honor (in the Cassiopeia constellation in case you were wondering) and a gift certificate for a massage with her favorite masseuse. She beamed like the star that she is and promised to bring in the framed certificate for all to see (and gaze upon) at the March chapter meeting.

Finally, following the end of the symposium, there was a statewide board meeting. The primary issue of discussion was the National CPM Conference that Florida is scheduled to host in September of this year. The Florida CPM Association entered into an agreement with the hotel some two years ago in preparation for the event. Clearly, the national financial picture was much different two years ago and we are now faced with some tough choices about how and if we can move forward. The state chapter is scheduled to talk to the national association about financing and details in the weeks ahead, so stay tuned.

## **Mark Your Calendar!**

- February 10**      **Title/Subject:** Super Move Across FDOT Bridges  
**Speaker:** Jeff Pouliotte  
**Location:** Amtrak Community Room, Railroad Avenue  
**Cost:** \$7.00 – catered by Michele Davis
- March 10**      **Title/Subject:** Some Efficiency Impacts of Public Management Organizations in China and the U.S.  
**Speaker:** Haynes McDaniel, CPM  
**Location:** Amtrak Community Room, Railroad Avenue  
**Cost:** \$7.00 – catered by Michele Davis
- April 14**      **Speaker:** Anita Favors-Thompson City Manager, Tallahassee  
**Location:** Amtrak Community Room, Railroad Avenue  
**Cost:** \$7.00 – catered by Michele Davis
- May 12**      **Title/Subject:** Shelenda Shaw, Public Service Recognition Celebration  
**Location:** Amtrak Community Room, Railroad Avenue  
**Cost:** \$7.00 – catered by Michele Davis

**Reservations should be made to Pamela Krohn at home: 850-309-1389,  
work: 850-922-1777 or [lightlee@comcast.net](mailto:lightlee@comcast.net) /  
[Pamela.Krohn@dca.state.fl.us](mailto:Pamela.Krohn@dca.state.fl.us) .**

We encourage you to share this newsletter with other interested parties.  
Newsletter editor: Jan Wright, [jwwright1949@comcast.net](mailto:jwwright1949@comcast.net).